



# LAKER FOOTBALL YOUTH CAMP 2008 3RD - 8TH GRADE

Laker Football Players:

I would like to invite you to our 2008 Youth Football Camp from July 21<sup>st</sup>-23<sup>rd</sup>. We are very excited about this year's camp and our camp structure will allow us to maximize your child's time with our Varsity Players and Coaches. It is an exciting time for our football program and the Coaching Staff is looking forward to having you as a part of our camp this year and a part of the Laker Football Program. Please contact me with any questions.

**Matt Gegenheimer**

Head Football Coach  
Prior Lake High School

Work Phone: 952-226-8750

[mgegenheimer@priorlake-savage.k12.mn.us](mailto:mgegenheimer@priorlake-savage.k12.mn.us)

**Camp Philosophy**

The main goal of the camp is to have fun learning the game of football. Another goal of this football camp is to expose and reinforce basic football fundamentals to all levels, as well as provide challenges to all grade levels. It is also a great opportunity for our High School Coaching Staff and Varsity Players to work with the younger levels of the program.

**Camp Dates:**

Monday, Tuesday, Wednesday  
July 21<sup>st</sup> – 23<sup>rd</sup>

**Camp Location:**

Prior Lake High School practice football fields  
(North side of the building) **\*If raining:** meet in the HS Gold Gym w/tennis shoes

**Camp Staff**

- High School Coaching Staff
- Current High School Players
- Former Laker Football Players

**Cost**

- The cost this year is: \$50.00 (Checks made out to *Laker Sports Performance LLC*)
- Instruction from the high school coaching staff and players.
- A camp T-shirt

**Camp Times and Format**

All players attending the camp are encouraged to check-in each night 10-15 minutes before the actually starting time. To fully utilize all of our coaches and maximize the amount of time that your son spends with our staff, starting times will be staggered based on grade levels. The following format will be a sample of how each grade level will be structured on each night.

**Camp Times**

3 <sup>rd</sup> and 4 <sup>th</sup> Grade	
Check-in	4:15 – 4:30
Camp	4:30 – 6:00
5 <sup>th</sup> , 6 <sup>th</sup> , 7 <sup>th</sup> , 8 <sup>th</sup> Grade	
Check-in	6:00 – 6:15
Camp	6:15 – 7:45

**Camp Format**

3 <sup>rd</sup> and 4 <sup>th</sup> Grade	
Part One	Offensive Fundamentals
Part Two	Defensive Fundamentals
5 <sup>th</sup> , 6 <sup>th</sup> , 7 <sup>th</sup> , 8 <sup>th</sup> Grade	
Part One	Off/Def Positions
Part Two	Off/Def Basic Scheme

**LAKER YOUTH FOOTBALL CAMP 2008 REGISTRATION FORM**

Name: \_\_\_\_\_ Grade (Going into Fall of 2008): \_\_\_\_\_ Circle: M or F Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Parent's email: \_\_\_\_\_

Emergency Contact #1 - Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Emergency Contact #2 - Name: \_\_\_\_\_ Phone: \_\_\_\_\_

I/We the undersigned grant permission for \_\_\_\_\_ to participate in the Prior Lake Youth Football Camp this summer. In consideration of your accepting this entry, I hereby, for myself, my heirs, executors, and administrators, waive any and all rights and claims for damages I may have against the Prior Lake Football Camp or its representatives, successors, and assigns for any and all injuries suffered by me or my child while a participant or spectator at the activity indicated above.

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
(month) (day) (Year)

\_\_\_\_\_  
Signature - Parent or Guardian

**Read and sign the above. Return with your \$50.00 fee (Checks made out to *Laker Sports Performance LLC*) by July 11<sup>th</sup> to:  
Coach Gegenheimer Prior Lake High School 7575 150<sup>th</sup> St W. Savage, MN 55378**